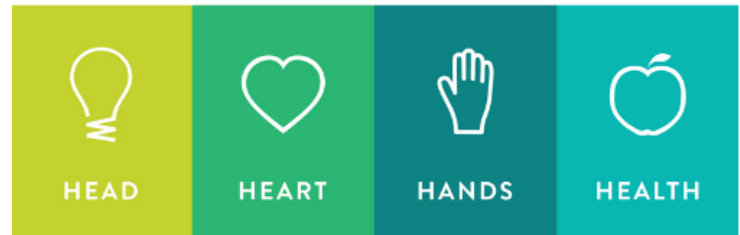


Healthy to the “Core”



MONDAY, OCTOBER 9th | 10:00am-4:00pm

An apple a day - the tasty way! Join the Monroe County 4-H team as we present **Healthy to the Core!** This program will provide youth the opportunity to join their peers for a day of hands-on cooking fun utilizing New York’s favorite fall fruit – apples! Youth will learn how to make healthier choices while learning about different varieties of apples grown in New York State.

Suitable for ages 8-12.

\$5 Supply Fee includes snacks & light lunch.

Please note a minimum number of youth must be reached for this program to run. Please tell your friends to join the fun!



Lakefront Lodge

Webster Park

Webster, NY 14580

REGISTRATION REQUIRED - Please register by **Wednesday, October 4th.**

Please register [HERE](#) to participate.

CONTACT INFO:

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